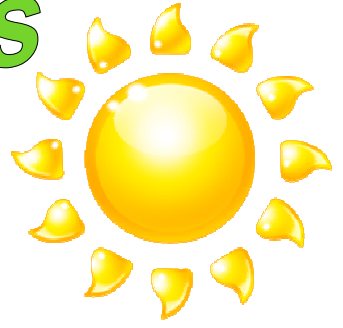


ROYAL OAK COMMUNITY COALITION

Upcoming Opportunities for Youth & Adults



Family Day - September 28th

Log onto our website at www.ci.royal-oak.mi.us/rocc to download the event flyer for the listing of participating restaurants, supermarkets, and video stores offering discounts for Family Day - *A Day to Eat Dinner with Your Children*

All events below are held at the Royal Oak Public Library from 6:30-8:00p.m.



Family Table Night - October 1st

Join us in learning quick and easy snacks and dinners that families can make together followed by family style exercise routines and the promotion of a healthy lifestyle in partnership with *Dr. Paul Erhmann Family Health Center*.



Great Pretenders Holiday Celebration - December 3rd

Sample the new non-alcoholic holiday beverages published in the AAA of Michigan Great Pretenders brochure and enjoy sample party trays from local grocery stores while learning how to make a simple but formal holiday centerpiece.



Science of Brain Addiction - January 21st

This active presentation will help teens and adults learn how drugs, alcohol and tobacco hijack the brain and demand the continued use of that substance presented by Chris Shreve.



Power of One - March 18th

Learn the 40 Building Blocks that help shape and influence positive teen behaviors and reduce risk factors that are linked to negative health choices.
Words and Actions Making Change Happen



Teen Parent Pre-Permit Driving Education - May 6th

Critical information teens need to know before they take the wheel; what to look for in a driving school, hazards of impaired or distracted driving, and practical tips on teaching teens to drive followed by a driver-zed interactive DVD.

Strengthening and sustaining a safe and healthy community together

All events are sponsored by the

Royal Oak Community Coalition

Log onto our website @ www.ci.royal-oak.mi.us/rocc for more information

Email: jsheridan@royaloakcommunitycoalition.com



Royal Oak Public Library @ 222 East 11 Mile (248) 246-7300